## looking back, looking forward



## in 2015 /

3-4 words that describe this past year...

if 2015 was a book, i'd title it...

i am really glad i tried...

something that really surprised me was...

the most courageous thing i did this year was....

i tried to push against...

i tried to let go of....

i tried to hold on to..

i felt more hopeful about...

i felt less anxious about...

a relationship i feel extra grateful for this year....

this year, i noticed God at work in...

## in 2016 /

words i hope describe this upcoming year... something new i really want to try... a relationship i want to pour more of my heart and time into... a way i want to take better care of myself is ... a way i want to reach out to others is ... i'd really love to experience more of God's peace in.... i'm going to need God's courage to.... this year i want to bravely push against... i want to let go of... this year i hope i can hold on to .... one dream i have for 2016 is...