

# looking back, looking forward



## in 2009...

*3-4 words that describe this past year...*

*if 2009 was a book, i'd title it...*

*i am really glad i tried...*

*something that really surprised me was...*

*the most courageous thing i did this year was....*

*i tried to let go of....*

*i tried to hold on to*

*i felt more hopeful about...*

*i felt less anxious about...*

*a relationship i feel extra grateful for this year....*

*this year, i noticed God at work in...*

## in 2010:

*words i hope describe this upcoming year...*

*something new i really want to try...*

*a relationship i want to pour more of my heart and time into...*

*a way i want to take better care of myself is...*

*a way i want to reach out to others is...*

*i'd really love to experience more of God's peace in....*

*i'm going to need God's courage to....*

*this year I hope i let go of...*

*this year i hope i can hold on to....*

*one dream i have for 2010 is...*